



Province of the  
**EASTERN CAPE**  
EDUCATION

**SENIOR PHASE**

**GRADE 9**

**NOVEMBER 2013**

**LIFE ORIENTATION**

**MARKS: 100**

**TIME: 2 hours**

---

This question paper consists of 11 pages.

---

**INSTRUCTIONS AND INFORMATION**

Read the instructions carefully before answering questions.

1. Answer ALL questions.
2. Do not change numbers of the questions.
3. Write neatly and legibly.
4. In multiple-choice questions write ONLY the correct letter.
5. Leave a line open at the end of each question.

**SECTION A****QUESTION 1**

Choose the most appropriate answer from the answers given. Write only the correct letter (A–D) next to the relevant number (1.1–1.5), for example 1.6 A.

- 1.1 The condition of being excessively overweight is known as ...
- A bulimia.
  - B inactivity.
  - C diabetes.
  - D obesity. (1)
- 1.2 The best choice of food in order to stay healthy is ...
- A food that is bought from a restaurant.
  - B home grown and prepared food.
  - C food that is processed.
  - D food that is sugary and fatty. (1)
- 1.3 Which of the following will you not do when your friend is abusing substances?
- A Share one's concerns with him/her.
  - B Talk about the immediate, mid-term and long term effect of abusing substances.
  - C Step back from the friendship if being with him/her is no longer good for you.
  - D Cover-up for him/her to help him/her hide what he/she is doing. (1)
- 1.4 One of the following actions indicates that one does not value one's health:
- A Eat healthily
  - B Avoid drugs and alcohol
  - C Do enough exercise
  - D Drink too much alcohol (1)
- 1.5 Every year on 24 September, all South Africans celebrate ...
- A Human Rights Day.
  - B Youth Day.
  - C Heritage Day.
  - D Freedom Day. (1)
- [5]**

**QUESTION 2**

State whether the following statements are TRUE or FALSE. Write ONLY the correct answer next to the number (2.1–2.5) of the question, for example 2.6 FALSE.

- 2.1 Sexual harassment is an act of touching someone in a sexual way without his/her consent. (1)
- 2.2 Internship is a period of working at a place for minimal pay in order to learn more about the work. (1)
- 2.3 Poor people are the only people affected by HIV/Aids. (1)
- 2.4 Peer pressure occurs when a person is being forced to do something by someone who is the same age as him/her. (1)
- 2.5 People who drink sorghum beer only cannot become alcoholics. (1)

**[5]****QUESTION 3**

Match the term in COLUMN A with the correct explanation in COLUMN B. Write down only the number (3.1–3.5) of the word in COLUMN A and the correct letter (A–E) of the explanation/description in COLUMN B next to it, for example 3.6 A.

COLUMN A		COLUMN B	
3.1	Scholarship	A	Means being varied or is made up of different elements
3.2	Alcohol abuse	B	A programme that helps a person to stop abusing drugs
3.3	Diversity	C	An award given to a student based on exceptional academic ability
3.4	Rehabilitation	D	Design on a shield used by a country as its own special symbol
3.5	National Coat of Arms	E	Lowers one's fitness level

(5 x 1)

**[5]**

**QUESTION 4**

Complete the passage below by filling in the correct word/s from the box below. Write down ONLY the required word/s next to the relevant number (4.1–4.10).

**diversity, interact, vacuum, mind-set, history, differences, better, belief, ignore, nation**

Ubuntu is the (4.1...) that as people we need each other: I am human through my acknowledgement of another person's humanity. It is the belief that we are human only because we (4.2 ...) with other people. If we (4.3 ...) the rest of humanity and try to live in a (4.4 ...), we would be less than human. It is this (4.5 ...) that has kept South Africans throughout their (4.6 ...). Everybody knows that South Africa is a multi-cultural (4.7 ...). Beyond that (4.8...) of cultures, South Africa as a society is striving for a (4.9 ...) life for all. It is normal to have (4.10 ...) as people, but as South Africans we must not forget that we are one nation.

(10 x 1) **[10]**

**TOTAL SECTION A: 25**

**SECTION B****QUESTION 5**

Read the passage below and answer questions that follow.

**TUBERCULOSIS (TB)**

Tuberculosis (TB) is a disease caused by germs that are spread from person to person through the air. Tuberculosis usually affects the lungs, but it can also affect other parts of the body, such as the brain, the kidneys or the spine. In most cases, tuberculosis is treatable; however persons with tuberculosis can die if they do not get proper treatment. The general symptoms of tuberculosis include feelings of sickness, weight loss, coughing, chest pains or coughing blood. There is a vaccine to prevent tuberculosis and it is called *Bacille Calmette-Gurin* (BCG). It is used in many countries to prevent severe forms of tuberculosis in children. There is another type of tuberculosis known as multi-drug-resistant tuberculosis (MDR-TB).

This tuberculosis is resistant to at least two of the best anti-TB drugs, Isoniazid and Rifampicin. MDR-TB can be prevented by avoiding exposure to known MDR-TB patients. If one thinks he/she has been exposed to someone with tuberculosis, one should contact a doctor or local health department.

[Extracted from [www.msf.org/mdrtb](http://www.msf.org/mdrtb)]

- 5.1 Give any TWO human organs that are vulnerable to tuberculosis. (2)
- 5.2 What is *Bacille Calmette-Gurin* (BCG) as mentioned in the above extract? (1)
- 5.3 How can one treat tuberculosis? Give any TWO ways. (2)
- 5.4 Give any TWO general symptoms of tuberculosis as mentioned in the above extract. (2)
- 5.5 5.5.1 What is MDR-TB? (1)
- 5.5.2 Why is MDR-TB referred to as being resistant to drugs? (2)

**[10]**

**QUESTION 6**

Read the report below and answer the questions based on it.

A study of sexual relationships amongst teenagers in the Eastern Cape showed that 60% of the teens were physically assaulted by their partners. Violence was used by boys to impose the 'rules' of the relationship, in particular when a girl tried to end the relationship or refused to have sex or attempted to check up on her boyfriend. One boy said he beat his girlfriend because she had told her friends that he was a 'bad kisser'. Another boy said he beat his ex-girlfriend because she told his new partner, out of jealousy, that he was "ugly and not the right stuff for the girls".

[Adapted from a *Medical Research Council Report*]

- 6.1 How did the teenagers in the above report express their anger? (2)
- 6.2 List THREE ways mentioned in the extract which shows that these teenagers are not emotionally mature enough to handle their anger. (3)
- 6.3 Suggest an appropriate way to deal with the anger felt by the teenagers. (2)
- 6.4 What type of a relationship is highlighted in the extract? (1)
- 6.5 The Medical Research Council interviewed 8 000 teenagers to get the report. Sixty percent (60%) responded as mentioned in the extract. What is sixty percent of eight thousand teenagers? Show your calculations. (2)

**[10]**

**QUESTION 7**

Read the following case study and answer questions based on it.

Cindy and Stefan have been going out for a month. Stefan is taking Cindy to eat at a fast-food outlet. Cindy is thrilled to go out. Her mother has always forbidden her to eat fast-foods. When Cindy wanted to order a can of Coke, Stefan orders a beer for her instead. Stefan convinces Cindy that even though she is not 18 yet, drinking beer would be fine as everyone around her is smoking and drinking. Cindy did not want to seem childish or embarrass him. The two danced and laughed. After having their meal, they left in Stefan's car. On their way home Stefan stopped the car near an empty piece of land and demanded sex from Cindy.

[Extracted from *Yebo Life-Orientation Grade 9*]

- 7.1 Who do you think should take responsibility for the fact that Cindy drank alcohol? (1)
- 7.2 Support your answer in QUESTION 7.1. (2)

- 7.3 Why did Cindy's mother forbid Cindy to eat fast-foods? (2)
- 7.4 Why was Cindy so excited when she was invited for a meal by Stefan? (2)
- 7.5 ONE of the following factors influenced Cindy and Stefan to choose fast-foods when they went out for a meal. Choose the correct ONE and write only the letter (A–D) next to the number of the question.
- A Political factors  
 B Social factors  
 C Ecological factors  
 D Cultural factors (1)
- 7.6 7.6.1 Do you think places that serve food and alcoholic drinks, add to the problem of teenage alcoholism? (1)
- 7.6.2 Explain your answer in QUESTION 7.6.1. (2)
- 7.7 Show how Stefan placed Cindy's life in danger, when he drove her home. (2)
- 7.8 Explain why Stefan felt encouraged to demand sex from Cindy. (2)
- [15]**

### QUESTION 8

Read the extract below and answer questions that follow.

#### DEATH OF MOTHER TONGUE-LANGUAGE

Every Tuesday and Thursday afternoon \*Thandi Mfikili goes for mother-tongue lessons. She is a 16-year-old bright eyed girl who speaks English with a 'Model C' accent and is cool (pronounced 'kewl') about most things, but language lessons. The language she is learning is isiXhosa. "I mean, why do I need this?" she pouts. "If it wasn't for my mom I wouldn't bother." Thandi's mother feels strongly about her daughter learning to speak her mother-tongue. She makes statements such as these: "In schools, English becomes the medium of instruction too early. As a result our pupils have no indigenous language background because they have not been given a thorough grounding in their mother-tongue." Thandi's mother feels that children should be multilingual.

**\*Not her real name**

[Abridged from an extract in *Oxford LO Grade 9*]

- 8.1 Why does Thandi enjoy learning English rather than isiXhosa? (2)
- 8.2 Why does Thandi's mother feel strongly that children should learn their mother-tongue first before they learn another language? (2)



- 8.3 Thandi's mother believes that South Africans should be multilingual.  
What does it mean to be multilingual? (2)
- 8.4 Give any THREE ways in which multilingualism can help promote understanding of other cultures with South Africans. (6)
- [12]**

**QUESTION 9**

Read the following extract and answer questions based on it.

**NGIBONGA KAKHULU!**

My name is Nhlakanipho Colin Mkhize, currently studying towards a Bachelor of Science degree, with Physics and Chemistry as my major subjects. "University was a far-off dream for me as a child growing up with a single mother," said Nhlakanipho. "She struggled to put me through my primary school. Fortunately I was awarded a bursary at Carter High School because I performed well in my school work. But even with the bursary, the struggle continued. When I was in matric, my LO teacher gave me a form to apply for a scholarship. I was not sure if I would get anything. But then I was informed that I had been awarded a scholarship to study at Rhodes University. The opportunity has allowed me to dream even bigger! I now wish to pursue further academic studies in the fields of Physics and Chemistry up to the highest level."

[Adapted from [http://careerwise.co.za/index.php?pg=success\\_c\\_mkhize](http://careerwise.co.za/index.php?pg=success_c_mkhize)]

- 9.1 Name TWO types of financial assistance that Nhlakanipho received. (2)
- 9.2 Explain the difference between the two forms of financial assistance mentioned in QUESTION 9.1. (4)
- 9.3 Why was university a far-off dream to Nhlakanipho when he was still a child? (2)
- [8]**

**TOTAL SECTION B: 55**

**SECTION C: PHYSICAL DEVELOPMENT AND MOVEMENT****QUESTION 10**

Read the following case study and answer questions based on it.

**AGGRESSION IN SOCCER**

Aggression is normally increased during very important games such as knock-out tournaments. If a player believes his opponent is going to dribble past him, he tackles him aggressively. Some players have even been identified as 'dirty players' because of their bad behaviour. It was also noted that players playing away from home tend to be more aggressive than the home teams. Another factor that can lead to aggressive behaviour among players is when the opposition is leading by a large margin. When players are feeling tired after playing for ninety minutes they lose their temper and play aggressively.

- 10.1 Identify any TWO factors that could promote unacceptable behaviour among players. (4)
- 10.2 Identify any TWO factors that could promote unacceptable behaviour among spectators. (4)
- 10.3 What should club managers do to prevent negative behaviour by spectators? (2)
- 10.4 How many players are there in each of the following sporting codes?
- 10.4.1 Hockey team
- 10.4.2 Rugby team
- 10.4.3 Netball team (3)
- [13]**

**QUESTION 11**

Read the following scenario and answer the questions based on it.

**LIHLE'S STORY**

I am a Grade 9 learner and I feel as though I don't know how to be as healthy as I can be. I hardly ever exercise because it is boring to exercise. I prefer watching TV or spending time with my friends. I am a bit overweight and I know I should eat better but I like my hamburgers and chips for lunch every day. At least I don't smoke or drink alcohol.

- 11.1 You know that a healthy lifestyle is key, therefore:
- Give Lihle at least THREE ideas to motivate him to live a healthy lifestyle. (3)

11.2 Refer to the formula and table given below and answer this question.

Lihle weighs 54 kg and is 1,63 metres tall. Calculate his BMI and indicate the category he falls into, using the table below.

\*BMI stands for (body mass index or weight/height ratio)

i.e. 
$$\text{BMI} = \frac{\text{weight in kilograms}}{\text{height in metres} \times \text{height in metres}}$$

<b>BMI</b>	<b>Weight status</b>
Below 18,5	Underweight
18,5 – 24,9	Normal
25,0 – 29,9	Overweight
30,0 and above	Obese

(4)  
[7]

**TOTAL SECTION C: 20**  
**GRAND TOTAL: 100**